

Not on My Watch - Navigating the Changing Tides

AWHONN Washington Fall Conference
October 13-15, 2019
Kitsap Conference Center
Bremerton, WA



Keynote Speaker: Rebecca Cypher, MSN, PNNP



AWHONN President-Elect

Rebecca is a proven nursing leader with 30 years of front-line perinatal nursing experience, including a 20-year active duty Air Force career. After serving in a variety of roles and locations, including an Iraq deployment, her professional path led to a perinatal nurse practitioner and nurse entrepreneur career. A dedicated and loyal member since 1989, she's a strategic thinker that's assisted AWHONN move forward as a nationally respected organization by holding multiple elected leadership positions including Section Chair and two Board of Directors terms.

Additionally, she served on numerous committees including the AWHONN Fetal Heart Monitoring revision groups, state-wide perinatal advisory taskforces, and maternal-newborn mortality review boards. Being passionate about inter-disciplinary education, mentoring, and professionalism, she lectures on obstetric topics, is actively involved in conducting clinical research and is published in multiple peer reviewed journals and a textbook. She is also co-author of Mosby's Pocket Guide to Fetal Monitoring: A Multidisciplinary Approach, an editorial board member for the Journal of Perinatal and Neonatal Nursing and a reviewer for Nursing for Women's Health. Her goals are to implement initiatives that are reflective of the needs of the members and our patient populations as well as enthusiastically setting AWHONN's agenda for a successful future.

Pre-Conference:

Elizabeth Leedom, JD & Jennifer Crisera, JD

Seeing Law in Action: Nursing Responsibilities, Protecting Yourself from Liability, Preparing for Deposition and Mock Trial on OB Nursing Care



www.washington.awhonn.org

Conference Description

The 2019 AWHONN Washington Section Fall Conference will present lectures and discussions on emerging, cutting edge perinatal topics. This conference features nationally and locally recognized speakers, known for both their expertise in clinical management and their contributions to perinatal knowledge.

Conference Goals

AWHONN WA Fall Conference provides evidence-based, clinically relevant education specific to obstetrics, newborn care, and women's health. The conference goals are to:

- Recognize personal strengths to be a leader in a dynamic healthcare environment
- Implement evidence-based solutions in all practice settings
- Develop professional strategies to improve outcomes for women, newborns, families and nurse teams
- Inspire nurses to be their personal and professional best

Audience

Staff nurses, clinical specialists, lactation consultants, CNM/LMs, nurse practitioners, nurse managers, nursing students, educators, doulas, and other allied community professionals involved in the care of childbearing families.

Speaker Handouts

A link to speaker presentation handouts will be posted on the website washington.awhonn.org at least two weeks prior to the conference. Presentation handouts will be added to the website document library after the conference.

Continuing Education Units (CEU)

- 13 CEU for the conference.
- 3.5 CEU for the pre-conference.

Continuing education units awarded by Legacy Health, an accredited provider of Continuing Nursing Education (CNE) by the California Board of Registered Nursing, provider number CEP8749.

Infants at Conference

Babies in arms are welcome, as long as they are not disruptive. Attendees with infants should sit near an exit so they may slip out if necessary. Lactation room will be provided. Childcare is **not** provided.

Conference Site

Kitsap Conference Center

100 Washington Ave
Bremerton WA
360-377-3785

Just steps from the Seattle-Bremerton ferry terminal with the 105-room Hampton Inn & Suites across the plaza and the 130-room Fairfield Inn & Suites nearby on 4th Street.

Accommodations

Fairfield Inn & Suites Bremerton

239 4th Street
Bremerton WA 98337
360-377-2111

AWHONN group reservation code is UWM.

Hampton Inn & Suites Bremerton

150 Washington Avenue
Bremerton WA 98337
360-405-0200

AWHONN group reservation code is UWM.

Rates

At both hotels, the special AWHONN standard queen room rate is \$119.00, plus taxes and fees. These rates are valid October 12-15 and will be honored until the blocks of rooms are filled or September 18, 2019, whichever is earlier.

For reservations and extended dates, contact the hotels directly.

Other Nearby Accommodations

Contact the Bremerton Chamber of Commerce for information on other accommodations.

Dining, spa, and recreation reservations should be made in advance of arrival.



Sunday, October 13

- 1200-1300 Pre-Conference Registration & Check-in**
- 1300-1630 Pre-Conference Session**
Seeing Law in Action: Nursing Responsibilities, Protecting Yourself from Liability, Preparing for Deposition and Mock Trial on OB Nursing Care
Elizabeth Leedom, JD & Jennifer Crisera, JD
- 1600-1800 Conference Registration and Check-In**
- 1630-1830 Vendor Reception**
Enjoy networking with other community professionals and discover new and cutting edge maternal-infant products. No host bar and appetizers provided by vendors.
- 1830-1835 Welcome, Introduction, Opening Remarks**
Samantha Roe, MSN, RNC-OB
AWHONN WA Section Chair

Keynote Speaker

- 1830-2000 50 Years of AWHONN: How Far We Have Come**
Rebecca Cypher MSN, PNNP,
AWHONN President Elect
- 2000-2015 Wrap-up and Announcements**
Michele Kulhanek MSN, RNC-OB, C-EFM
AWHONN WA Section Secretary Treasurer

Monday Morning, October 14

- 0715-0745 Registration and Check-In**
- 0700-0800 Vendor Exhibits**
- 0755-0800 Welcome, Introduction, Opening Remarks**
Margie Bridges, DNP, MSN, RNC-OB,
Perinatal CNS,
AWHONN Board of Directors
- 0800-0900 Hypertension and Pregnancy: Improving Outcomes**
Carolyn Kline, MD, MFM, EvergreenHealth
- 0900-1000 Facing the Gathering Storm: Preventing the Maternal and Child Health Consequences of HIV/STI in 2019**
Matthew Golden, MD, MPH, UWMC
- 1000-1030 Break and Vendor Exhibits**
- 1030-1130 Second Stage of Labor - When to Start and When to Stop**
Aaron Caughey, MD, PhD, OHSU
- 1130-1200 Vendor Exhibits**

Monday Afternoon, October 14

- 1200-1300 WA AWHONN Business Meeting and Luncheon**
Roundtable Discussion with Conference speakers
- 1300-1415 Periviable Pregnancies: Decision Making under Uncertainty**
Aaron Caughey, MD, PhD, OHSU
- 1415-1430 Break and Vendor Exhibits-Dessert Table**
- 1430-1600 Professional and Ethical Issues in the Perinatal Setting**
Rebecca Cypher, MSN, PNNP
- 1600-1630 Vendor Parade and Door Prizes**
- 1630-1635 Wrap-up and Announcements**
Katheryn Spring, BSN, RNC-OB
AWHONN WA Communications Coordinator

Tuesday, October 15

- 0715--0745 Registration and Check-In**
- 0745-0750 Welcome, Introduction and Opening Remarks**
Lacey Miller, DNP, CNS, APRN, RNC-OB, C-EFM
AWHONN WA Legislative Coordinator
- 0750-0800 Group Photo- Conference Committee**
- 0800-0900 Post-Partum Physical Therapy: A Standard Practice of Care for all Women**
Allie Farrow, PT, DPT, UWMC
- 0900-1000 Implementing Quality Improvement Projects**
AWHONN WA Hospital Representatives
- 1000-1030 Break**
- 1030-1130 ERAS - Enhanced Recovery after Surgery for Cesarean Delivery: Successes, Challenges and New Directions**
Emily E. Fay, MD, MFM, UWMC
- 1130-1215 Buffet Lunch**
- 1215-1330 The Perfect Storm- The Patient's Experience of an Obstetric Emergency**
Leslie Butterfield, PhD
- 1330-1500 Maternal Mortality in Washington State - Discussion and Mock Case Review**
Tiffani Buck, MPH, MS, ARNP-BC, RN & Alexis Bates, MSW, WA Department of Health
- 1500-1515 Wrap-up Announcements, Door Prizes, Closing Remarks**
Debra Sperling, MA, RNC-OB, C-EFM, NE-BC
AWHONN WA Conference Chair

Meet the Speakers

Monday, Oct. 14 during lunch 1200-1300

Speakers will host informal roundtable discussions. A limited number of tickets will be available on a first-come first-served basis at the registration table on Monday morning.



2019 Washington AWHONN Fall Conference Registration

REGISTER ONLINE (credit card only)

www.washington.awhonn.org or <https://awhonnwafall2019.eventbrite.com>

The ONLY receipt for conference payment that you will receive is from Eventbrite

	AWHONN Member	Non-Member or Community Professional	Student*
Pre-Conference Only (Sunday)	\$110	\$135	NA
Conference Only (Sun., Mon. & Tues.)	\$260	\$300	\$175
Pre-Conference & Full Conference	\$350	\$425	NA

* Students must show proof of current enrollment in an *undergraduate* nursing program (ADN or BSN) at check in.

To **save now** on conference registration, become a member by clicking on [Membership Form](#)

Registration is limited to 200. Registration will close as soon as capacity is reached, so register early!

Registration Closes: September 30 at 5 p.m. PT.

Cancellation: Cancel by September 30 at 5 p.m. PT to receive a refund (minus a \$35 processing fee). In the event of conference cancellation by AWHONN Washington Section, full tuition refunds will be given.

Meals

Breakfast is provided at both hotels on Monday and Tuesday. Lunches, coffee, tea and vendor receptions included. Optional meal choices include gluten-free and vegetarian selections. Please specify any dietary restrictions when registering. We cannot guarantee all dietary restrictions will be met, but will make every effort. Email the conference committee at [http://Washington@awhonnsection.org](mailto:Washington@awhonnsection.org) for other specific dietary restrictions.

Check it out! www.facebook.com/groups/AWHONNWashingtonSection/
Conference Questions: Washington@awhonnsection.org